

LANCER

DINING SERVICES

www.lancerdiningservices.com

[Lancer Dining Services Proudly Serving Duluth Edison Students](#)

Lancer Hospitality is a Minnesota-based food service provider with a fresh approach to school food service that strives to ensure that students practice and learn healthy eating habits in the school environment.

We are driven by the following belief: the act of breaking bread together is a celebration of human fellowship and the human senses. Even at a young age, the participation in a shared meal is an essential social experience that not only nourishes the body but also nurtures positive interpersonal relationships. Our goal is to provide meals that satisfy the senses, nourish the body and come alive with flavor.

In developing our menus, we maximize the nutritional value of the food we serve. We offer a large variety of whole grains, vegetables and fruits that provide the energy, protein, vitamins, minerals and fiber that are required for good health. We develop menus that have moderate sugar and sodium levels and minimal levels of fat, saturated fat and cholesterol. Lancer only uses cooking oils for meal preparation that are trans-fat free.

At the same time, we know that our menus need to be interesting, flavorful and fun so that everyone will enjoy them and look forward to meal time as a time when they get recharged and energized for the rest of their day. We not only make meals that your kids will enjoy, parents like our meals too because they are well-balanced and meet the nutritional standards set by the state and federal requirements.